They were hungry and thirsty – God gave them water from the Rock and Bread from Heaven (Ps. 105:41; Ex. 16:4; Ex. 17:5)

Ladies Prayer June 12, 2015

1 Cor. 10:4 Jesus was the rock they drank from

John 4:13, 14 Jesus gives us living water & we will never thirst again

John 6:35 He is the bread of Life (see also: Luke 22:19 – communion)

God fought their battles for them

They faced walled cities & giants, but God fought their battles for them (Ex. 14:14, Josh 1:9, Isa. 41:13, 14)

Phil. 4:13 I can do all things through Christ who strengthens me

2 Cor. 12:9 His strength is made perfect in our weakness

Rom. 8:31 If God is for us, who can be against us?

Therefore:

"Let Israel hope in the LORD from henceforth and forever." Ps. 131:3

Hope

"...hope in the Lord from henceforth and forever." Ps. 131:3

Hope: The absolute expectation of coming good

Hope is our hearts and minds being convinced that God WILL do what He says. That is far more than an emotion or a pep talk that we give ourselves.

"from henceforth" - don't worry about the yesterday's when you didn't hope in the Lord, start today and hope in the Lord FOREVER

"...forgetting those things which are behind, & reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus." Phil 3:13, 14

God gave us examples to build Hope in us

"Now all these things happened unto them for ensamples: and they are written for our admonition..." 1 Cor. 10:11

"That they might set their hope in God, and not forget the works of God, but keep his commandments:" Ps. 78:7

Let's build our hope by reassuring our hearts and minds of who God is and what He does for us. Let's look at His past provision for His people and pay attention to how it relates to whatever situation we face today.

Protection from enemies
The Egyptians were in hot pursuit – God drowned them (Ex. 15:4)
1 Cor. 15:54-55 Death is swallowed up in victory.
"O death, where is thy sting? O grave, where is thy victory?"
Rom. 8:31-39 We are more than conquerors through
Christ and NOTHING can separate us from His great love
Practical Provision
Israel needed shade in the desert: God led them via a cloud (Ex. 13:21)
Matt. 11:30 His yoke is easy & His burden light
There was darkness and He reassured them of His leading with a pillar of fire (Ex. 13:22)
Heb. 13:5 He will never leave us nor forsake us
The sand was hot and their feet needed shoes (Deut. 8:4)
Matt. 6:28 He clothes us
Eph. 6:15 Our feet are shod with the gospel of peace & God's grace never wears out!